

March K-12 Grab & Go Breakfast

2023



SERVED WITH CHOICE

of

MILK

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast Apple Bites %@\$^+ Seasonal Fresh Fruit 100% Fruit Juice Milk @	2 Whole Grain Muffin +^\$%@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	3 Whole Grain Vanilla Breakfast Square ^+% 100% Fruit Juice Seasonal Fresh Fruit Milk @
6 Whole Grain Cereal ^+ String Cheese @ 100% Fruit Juice Seasonal Fresh Fruit Milk @	7 Whole Grain Pillsbury Cinni Minis ^+@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	8 Cinnamon Crumble Cake ^+%@ Seasonal Fresh Fruit 100% Fruit Juice Milk @	9 Whole Grain Breakfast Bar ^+%\$@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	10 Oatmeal Breakfast Bun ^+%\$@ 100% Fruit Juice Seasonal Fresh Fruit Milk @
13 WG Cinnamon Bagel ^+ Cream Cheese @ 100% Fruit Juice Seasonal Fresh Fruit Milk@	14 Whole Grain Cereal ^+ String Cheese @ 100% Fruit Juice Applesauce Milk @	15 Breakfast Apple Bites %@\$^+ Seasonal Fresh Fruit 100% Fruit Juice Milk @	16 Whole Grain Muffin +^\$%@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	17 NO SCHOOL
20 Whole Grain Cereal ^+ String Cheese @ 100% Fruit Juice Seasonal Fresh Fruit Milk @	21 Whole Grain Pillsbury Cinni Minis ^+@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	22 Cinnamon Crumble Cake ^+%@ Seasonal Fresh Fruit 100% Fruit Juice Milk @	23 Whole Grain Breakfast Bar ^+%\$@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	24 Oatmeal Breakfast Bun ^+%\$@ 100% Fruit Juice Seasonal Fresh Fruit Milk @
27 WG Cinnamon Bagel ^+ Cream Cheese @ 100% Fruit Juice Seasonal Fresh Fruit Milk@	28 Whole Grain Cereal ^+ String Cheese @ 100% Fruit Juice Applesauce Milk @	29 Breakfast Apple Bites %@\$^+ Seasonal Fresh Fruit 100% Fruit Juice Milk @	30 Whole Grain Muffin +^\$%@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	31 Whole Grain Vanilla Breakfast Square ^+% 100% Fruit Juice Seasonal Fresh Fruit Milk @

All Elementary schools are peanut free schools—PB&J will always be replaced by peanut free sandwich (Sunbutter or Soybutter)

Peanuts!!

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|-------|---------|
| Pork* | Beef# |
| Whey= | Soy\$ |
| Corn> | Wheat+ |
| Milk@ | Gluten^ |
| Eggs% | Fish~ |